



Tottenham Public School February 2021 Newsletter

tot.scdsb.on.ca

From the desk of Mr. Pattison...

I would like to take the opportunity to send out a huge thank you to all of our families for their work as we transitioned to remote learning in January. It was nice to see people settle into routines so quickly. I am also very proud of our staff and the work that they have done this past month. Moving back into distance education was a challenge but we are doing our best. To our parents/guardians/caregivers, we know that the past month has also not been easy on your end. Ensuring your child is on their device at certain times of the day, helping to follow through with task completion, and continuing to connect with your child's educator is a big task. We recognize that and are appreciative of all that you have done to support all of us. Thanks to everyone for all of your support and hard work. We are hopeful that easier times are ahead! On a final note, I'd just like to say thank you to those members of our community that are in healthcare and to our essential workers. Thank you for all that you do!

Be safe everyone. I hope you have a great month of February.

Sincerely,

Mike Pattison
Principal

Sports Sprit Day

We encourage all students to show their school spirit by coming to school dressed in their favorite sport or team clothing or school sprit wear on Friday February 26th!

We look forward to seeing all the team spirit in Tottenham Public School that day!



SCHOOL DAY

8:45 am	Yard supervision begins
9:00 am	Entry Bell
10:40-11:20 am	Nutrition Break & Recess
1:00-1:40 pm	Nutrition Break & Recess
3:20 pm	Dismissal
3:30 pm	Yard Supervision Ends

For safety reasons, students should not arrive at school prior to 8:45 am, when staff supervision begins. Please use the **Kiss & Ride** to drop off or pick up your children. There is **NO PARKING** permitted on Rogers Road.

PLEASE HELP KEEP OUR STUDENTS SAFE!

UPCOMING HOLIDAY

Family Day - Monday, February 15, 2021

Enjoy this day with your family as all schools in our province are closed.



Experienced candidates need not apply: Kindergarten registration for September 2021 is now open!

Kindergarten is the beginning of a wonderful journey of learning, and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2021? If so, we invite you to register your child for Kindergarten. To register online or for more information visit: www.scdsb.on.ca/elementary/planning_for_school/kindergarten.



Character attribute for the month of February

Inclusiveness: We include everyone in what we do and value their contributions.

More information about Character Education can be found here: www.scdsb.on.ca/about/character_education

Pay for field trips, lunch days, etc. with SchoolCash Online

We have made it easy for parents to make their school purchases from the convenience of their own home. Whether it's lunch days, field trips or school wear, we have it online for you! Follow these three steps to get started:

1. Go to simcoecounty.schoolcashionline.com or visit our school website and click on "Pay Fees"
2. Register and add your child to the newly created account
3. View and purchase items through bank transfer or credit card

It's safe, fast, convenient and our school's preferred method of payment!.

Contact the office with any questions.

Keep connected with our school and with the SCDSB

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

- Subscribe to our school's website by visiting the 'What's New' section at <http://tot.scdsb.on.ca>. You can sign up to receive emails about school news updates and information during emergency situations. It's easy to subscribe – visit our website and click the 'Subscribe' link at the very top of the page. Provide your email and click 'Subscribe'; a message will be sent to your inbox with a link to click to confirm that you want to subscribe. You can unsubscribe at any time using the link at the bottom of each email.
- Sign up to receive SCDSB media releases by clicking the 'Subscribe' button at www.scdsb.on.ca.
- Follow the SCDSB on Twitter (@SCDSB_Schools), Facebook (facebook.com/SCDSB) and Instagram (instagram.com/scdsb).

Triple P courses for parents of children from birth to 12 years

Because parents all have different needs, Triple P has many different ways to get positive parenting help. From one-off seminars to ongoing courses, you choose what is best for you and your family. It's about giving you just the right amount of help you need – enough, but not too much!

For a list of upcoming virtual sessions, please visit: www.triplep-parenting.ca/ont-en/find-help/find-a-session/

High school information events for Grade 8 students

Is your child starting Grade 9 next year? High school information events will happen virtually this winter. Student leaders and staff at the school will give an overview of what's new and what to expect. Different pathways and courses offered will be explained. Visit your school's website for more information.

Days of awareness and recognition taking place in February

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of February:

Feb. 2	Groundhog Day
Feb. 15	National Flag Day of Canada
Feb. 17	National Random Acts of Kindness Day
Feb. 24	Pink Shirt Day

Support your child with math with these Learn@Home tips

Looking for ways to support your child with math while they are learning from home? Try these simple tips to help your child develop their understanding and skills as a mathematician.

Have manipulatives on hand - Small objects like LEGO, bread tags, beans and coins make great manipulatives for counting, patterning and problem solving.

Provide scratch paper or white board - Drawing a picture or model can help students represent their thinking and make sense of a problem. If they are feeling stuck, visualizing and drawing it out can help!

Ask questions - When students are having difficulty with a problem, we want to help. Try using questions to support their thinking, rather than showing them the solution. Asking questions like *What can you do next? Do you see any patterns? What can you draw to help you solve? Can you solve it another way? What do you know and what do you need to find out?* These questions will help your child develop their own ideas and build their understanding.

Find math everywhere and talk about it - Whether you are headed out for a walk, baking or working on a building project, talk about the math involved. Estimation is a fundamental math skill we use daily and can easily be practiced at home. Ask questions like *How many steps do you think it'll take to get to the stop sign?* or *How many teaspoons will we need if we double this recipe?*

Have fun - Math can be challenging, and challenges are fun! It's important to support children with maintaining a positive mindset about math, even when it's a challenge!

How to support your child's mental health during COVID-19

During these challenging times, you may be worried about your child(ren)'s mental health and well-being. You may notice that they are anxious or unsettled and perhaps have told you that they are worried about someone in the family getting the virus. They may be confused about why usual activities are disrupted or may be disappointed to miss something that they were looking forward to. All of these things are very natural at this uncertain time.

Check out these resources at School Mental Health Ontario:

[Parents and Families - COVID-19 - School Mental Health Ontario \(smho-smso.ca\)](https://www.smho-smso.ca)

You can also visit the SCDSB mental health and well-being resource page:

[Mental Health and Well-being Resources - Simcoe County District School Board \(scdsb.on.ca\)](https://www.scdsb.on.ca)



Tips to keep kids active

One of the most important things you can do for your child's physical and mental health during this time is to keep them active. Here are three easy tips to help your kids stay healthy and active while learning from home:

Take movement breaks – Sitting for an extended period can be a challenge for children. It is important to take breaks when you can and to get up and move around. This will not only encourage physical activity throughout the day but will help refresh their mind and improve their focus.




Follow a schedule – Having a set schedule will make it easier to stay on track and creates a routine for children to follow. For older children, consider setting alarms. Add physical activity, like a [virtual gym class](#), to the schedule to ensure your child takes the time to get active.

Get active together - When you're active with your kids, it sends them an important message about healthy living. Get out for a walk, play outside or do a [family workout](#) from the comfort of your home. It's always more fun to exercise with a buddy!

Looking for resources to keep your children active? YGym offers free virtual physical activities from YMCA certified fitness instructors for children of varying ages and abilities. Visit [YMCAHome.ca/YGym](https://www.ymcahome.ca/YGym) for free virtual activities for children and youth, anywhere, anytime! Activities are also available in French at [YMCACHEZVOUS.COM/GymY](https://www.ymcachezvous.com/GymY).

Information provided by the YMCA of Simcoe/Muskoka

February 2021 "Inclusiveness"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 5px;"> <p>Upcoming Events</p> <p>Mar 1 -Virtual Parent Council meeting 6:30pm</p> <p>Mar 15-19 -March Break</p> </div>						
	1	2	3	4	5	6
7	8 <i>Nirvana Day</i>	9	10	11	12 <i>Lunar New Year/Maitreya Bodhisattva's Birthday Losar</i>	13
14 	15 <i>Family Day</i> <i>No School Today</i> 	16 <i>Vasant Panchami</i>	17	18	19	20
21	22	23	24	25	26 <i>Sports Spirit Day</i> 	27



Tottenham Public School

21 Rogers Road

Tottenham, ON

LOG 1W0

Mike Pattison, Principal

Heather Booth, Vice Principal

Subscribe to our school website for updates!

tot.scdsb.on.ca Website

(905)936-4951 Phone

(905)936-2832 Fax

Joanne Whiteside, Secretary

